



PROFESSIONAL BIOGRAPHY

JAMES ARAGONA, M.D., A.B.O.S., F.I.A.I.M.E.
Orthopaedic Surgeon ♦ Treating Physician

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EDUCATION

Undergraduate School:

University of Florida
Gainesville, Florida
B.S. – 1970

Post-Graduate Training:

Resident in General Surgery
University of Medicine and Dentistry of New Jersey
1976 – 1977

Medical School:

Free University of Brussels, Faculty of Medicine
Brussels, Belgium
M.D. Degree - 1976

Orthopaedic Residency

Resident in Orthopaedic Surgery
University of Medicine and Dentistry of New Jersey
1977 - 1980

Administrative Chief Resident in Orthopaedic Surgery
University of Medicine and Dentistry of New Jersey
1980 - 1981

BOARD CERTIFICATIONS:

- American Board of Orthopaedic Surgeons, 1983

TEACHING POSITIONS:

- University of Medicine and Dentistry of New Jersey, Instructor-Orthopaedic Surgery, 1981-1994
- University of Medicine and Dentistry of New Jersey, Clinical Assistant Professor-Orthopaedic Surgery, 1994-2004
- Union Hospital, Sports Medicine Fellowship Program, Physician Faculty Member, 1996-2007
- Overlook Hospital, Sports Medicine Fellowship Program, Physician Faculty Member, 2007-2015
- St. Joseph's Regional Medical Center, Seton Hall School of Graduate Medical Education, Teaching Staff-Orthopaedic Residency, 2005-present

POSITIONS HELD:

- Scoliosis Center, Attending Physician, New Jersey Orthopaedic Hospital, 1981-1990
- Sports Clinic, Attending Physician, New Jersey Orthopaedic Hospital, 1981-1990
- Secretary of the Administrative Committee, New Jersey Orthopaedic Hospital, 1988-1994
- Team Physician, Orthopaedic Surgeon, Jersey City State College, 1990-1995
- Treasurer of the Administrative Committee, New Jersey Orthopaedic Hospital, 1994-1998
- Director of Orthopaedic Services, Multi-Care Health Center, Affiliate of St. Barnabas Health Care System, 1995-1999
- Treasurer, Administrative Committee, New Jersey Orthopaedic Hospital, 1994-1998
- Member, Administrative Committee, Department of Orthopaedics and Fractures, New Jersey Orthopaedic Hospital, 1988-1998
- Quality Assurance Physician Liaison for the Department of Orthopaedics and Fractures, New Jersey Orthopaedic Hospital, 1988-2001
- Antibiotic Review Committee, Hospital Center at Orange, 1994
- Credentials Committee, Hospital Center at Orange, 1989-1994
- Member Medical Board of the Medical Staff, Department of Surgery, Medical Staff Representative to the Medical Board, St. Barnabas Medical Center, 1998-2001
- Served as Expert Witness in Orthopaedic Surgery for the National Basketball Association (NBA)
- Appointment to the Occupational Health and Workers' Compensation Committee, American Academy of Orthopaedic Surgeons, 2002-2007
- Appointment to the Commissioner of Labor and Workforce Development's Advisory Council on Workers' Compensation, 2004 to present
- Quality Assurance/Peer Review Committee, Vice Chairman, The Center for Ambulatory Surgery, Mountainside, NJ, 2004-2009
- Appointment to the Task Force on Medical Provider Liens, State of New Jersey, Dept. of Labor and Workforce Development, November 2010
- Appointment to the Medical Provider Task Force for Medical Claims by Providers, State of New Jersey, Dept. of Labor and Workforce Development, 2014

CONTINUING MEDICAL EDUCATION:

Participated in Continuing Medical Education beyond regulatory requirements
MOC-Registered

PUBLICATIONS:

- *Soft Tissue Attachment of a Filamentous Carbon-Absorbable Polymer*, Aragona, J., Parsons, J.R., Alexander H, et al. Clinical Orthopaedics, 160: 268-278, 1981
- *Scoliosis in Fetal Alcohol Syndrome*. Case Report. Orthopaedics, Vol., 4, No. 10 1981
- *Medial Collateral Ligament Replacement With a Partially Absorbable Tissue Scaffold*, J. Aragona, MD, J.R. Parsons, PhD and A.B. Weiss, MD. American Journal Sports Medicine, Vol. 11, No, 41983
- *HIPAA Privacy and Issues Pertaining to Workers' Compensation*. The Syllabus of the 6th Annual Occupational Orthopaedics and Workers' Compensation Conference. J. Aragona, MD and D. Saunders, Esq. American Academy of Orthopaedic Surgeons, November 2004

LECTURES:

- *Attachment of a Partially Absorbable Tendon and Ligament Replacement to Soft Tissues*. New York Hand Society Symposium, 1979
- *Soft Tissue Attachment of a Filamentous Carbon, Absorbable Polymer Tendon and Ligament Replacement*. The Orthopaedic Research Society, 27th Annual Meeting, 1981

LECTURES:

- Attachment of a Partially Absorbable Tendon and Ligament Replacement to Soft Tissue. Proceedings of the 9th North East Conference in Bioengineering, 1981
- A Filamentous Carbon-Absorbable Polymer Medial Collateral Ligament Replacement. Seventh Annual Meeting of the Society for Biomaterial, 1981
- The New Jersey Experience with the Bobeckho Technique. NJ Orthopaedic Society, 1985
- General Lecturer, Academy of Medicine of New Jersey, 1981-1982
- Steroid Abuse in Athletes. N.C.A.A.-Sports Sciences Speakers Grant, Jersey City State College, 11/1990
- Athletic Injuries from Head to Toe. Lecturer, Sports Medicine Symposium. 9/1991
- Back Basic Seminar. Organized and lectured at this seminar for Multi-Care Health Center of Saint Barnabas Health System, 1996, Union, NJ
- Developing a Unified System for the Delivery of Occupational Health and Workers' Compensation Services. Presentation at the American Academy of Orthopaedic Surgeons, Committee on Occupational Health and Workers' Compensation. Chicago, 9/1997
- Thoracic Outlet Syndrome. Presentation to Orthopaedic Staff at St. Barnabas Medical Center and New Jersey Orthopaedic Hospital, 10/1996
- Thoracic Outlet Syndrome. Presentation to the Union Hospital Sports Medicine Journal Club, 4/1999
- Evaluation of Low Back Pain. Presentation to GAB Robins Insurance Adjustors. 8/2005, NJ
- Independent Medical Examinations. Presentation to the Orthopaedic Residents staff, St. Joseph's Regional Medical Center, 1/2006.
- Evaluation of Permanent Impairment. Presentations at the Michigan State University and Rutgers University Workers' Compensation Certification Program. 9/2008, 10/2009, NJ
- Speaker and Panel Member. 22nd Annual Workers' Compensation Bench-Bar Conference, 2011. New Brunswick, NJ
- An Overview of Spinal Surgery. ACE Private Risk Services. 9/10/2014, Basking Ridge, NJ

HONORS AND AWARDS:

- Free University of Brussels, Faculty of Medicine, Magna Cum Laude in Medicine, Surgery, Obstetrics, Gynecology. Cum Laude in Pediatrics.
- First Prize for Resident research at the Fifth Annual New Jersey Orthopaedic Symposium
- Citation from the Armenian General Benevolent Union for Operation Airlift. Professional services to the injured in the Armenian Earthquake of 12/7/1988
- American Medical Association Physician's Recognition Award, 1981-1984, 1984-1987, 1987-1990, 1990-1993, 1993-1997, 1997-2000, 2000-2003, 2003-2006, 2006-2009, 2009-2012, 2012-2015, 2015-2017
- Merit Award for "Service Above Self," Rotary Club, West Orange, NJ
- Certificate in Recognition of Dedication to Quality Patient Care, Union Hospital, NJ, 3/1998
- Recipient of the Special Olympics, Achievement Award, NJ, 2002-2003
- Dean's List, University of Florida

SOCIETIES AND LISTINGS:

- American Medical Association
- Fellow-American Academy of Orthopaedic Surgeons, 1985-2009
- Medical Society of New Jersey
- Essex County Medical Society, 1981-2009
- New Jersey Orthopaedic Society
- Orthopaedic Alumni Society of New Jersey – Secretary 1986-1987, President 1987-1988
- Fellow, International Academy of Independent Medical Evaluators (formerly American Academy of Disability Evaluating Physicians) 2005
- Union County Medical Society, 2009-present

MEDICAL LICENSURE:

- New Jersey, Medicine and Surgery -1977

CURRENT HOSPITAL AFFILIATIONS:

- **Attending Surgeon, Saint Barnabas Medical Center** – Livingston, NJ, 1986 - present
- **Courtesy Staff – Overlook Hospital**, Summit, NJ, 2007 - present
- **Advanced Spine Surgery Center**, Union, NJ, 2016 - present

FORMER HOSPITAL AFFILIATIONS:

- Attending Surgeon, Irvington General Hospital, Irvington, NJ, 1981-2000
- Associate Attending, Department of Surgery/Orthopaedic Surgery – University Hospital, University of Medicine and Dentistry of New Jersey, Newark, NJ, 1982-1989
- Consulting Orthopaedic Surgeon, Veterans Administration Hospital and Medical Center, East Orange, NJ, 1985-1998
- Orthopaedic Attending, United Hospitals Medical Center, Newark, NJ, 1991-1998
- Assistant Attending Staff, St. Mary's Hospital, Orange, NJ, 1984-1989
- Attending, Hospital Center at Orange, Orange, NJ, 1981-2001
- Associate Staff, Union Hospital, Union, NJ, 1994-2007
- The Center for Ambulatory Surgery, Mountainside, NJ, 2004-2009
- Union Surgery Center, 2014-2016
- Middlesex Surgery Center, 2014-2016
- Ambulatory Surgery Center of Union County, Union, NJ, 2012-2015
- Assistant Staff, Department of Surgery, Division of Orthopaedics, Rahway Hospital, 2000-2016

PRACTICE LOCATIONS:

Monmouth County
2040 Sixth Avenue
Suite 1, Door "B"
Neptune, New Jersey 07753

Ocean County
186 Jack Martin Boulevard
Suite B-1
Brick, New Jersey 08724

Middlesex County
Woodbridge Terrace Complex
850-B Woodbridge Center Drive
Woodbridge, New Jersey 07095