



PROFESSIONAL BIOGRAPHY

THOMAS E. HELBIG, M.D., F.A.A.O.S.

Orthopaedic Surgery
Treating Physician for Over 30 Years

PROFESSIONAL MEDICAL EVALUATIONS, P.A.

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EDUCATION

Undergraduate:

Rutgers University
New Brunswick, NJ
B.S. Degree Chemistry 1977

Internship:

*University of Medicine and Dentistry
of New Jersey*
Newark, NJ
Orthopedic Surgery Intern, 1982-1986

Fellowship Training:

State University of New York
Health Science Center at Syracuse, NY
Fellow in Spine Surgery 1986-1987

Medical School:

*University of Medicine and Dentistry
of New Jersey*
Newark, NJ
M.D. Degree 1981

Residency:

*University of Medicine and Dentistry
of New Jersey*
Newark, NJ
General Surgery Resident 1981-1982

Clinical Experience:

South Mountain Orthopaedic Associates, LLC
South Orange, NJ
1987 - 2022

BOARD CERTIFICATIONS:

- American Board of Orthopaedic Surgeons, July 1989
- American Board of Orthopaedic Surgeons, Recertified 2010 through 2029

TEACHING POSITIONS:

- *University of Medicine and Dentistry of New Jersey Medical School*
Clinical Associate Professor, July 1988 – June 2004

PUBLICATIONS:

*Two- to 12-year evaluation of cementless Buechel-Pappas total hip arthroplasty, J Arthroplasty. 2004
Dec;19(8):1017-27.*

FELLOWSHIPS:

- *State University of New York, Health Science Center at Syracuse, NY, 1986-1987*

CONTINUING MEDICAL EDUCATION:

- Participated in Continuing Medical Education beyond regulatory requirements
- Physicians Recognition Award

SOCIETIES AND LISTINGS:

- American Academy of Orthopaedic Surgeons
- New Jersey Orthopaedic Society
- American Medical Association
- New Jersey Medical Society

MEDICAL LICENSURE:

New Jersey 25MA04153100
New York 165689-01

HOSPITAL AFFILIATIONS:

- St. Barnabas Medical Center, Livingston, NJ, Attending 9/24/1987 – present
- New Jersey Orthopaedic Hospital, Orange, NJ, Attending July 1987 – 2003 (hospital closed)

INDEPENDENT MEDICAL EVALUATION PRACTICE LOCATION:

Monmouth County
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